

# Recommended Reading List

This is our recommended reading list for anyone interesting in learning about barefoot horse care. Some of the books are available for purchase at [www.TheHorsesHoof.com](http://www.TheHorsesHoof.com); others through Amazon.com or their author's website.

The **classic barefoot books** were the initial books that shaped the barefoot movement as a whole. Many more excellent books have been released since then, and the serious student will read them all. We'll continue to keep this list up to date.

## Classic Barefoot Books:

*Everyone should begin with this group for their basic foundation. These initial books shaped the barefoot movement as a whole and will provide insight into the current and future direction of hoof care.*

- "A Lifetime of Soundness" by Dr. Hiltrud Strasser\*
- "Shoeing: A Necessary Evil?" by Dr. Hiltrud Strasser
- "The Natural Horse" by Jaime Jackson\*
- "Horse Owner's Guide to Natural Hoof Care" by Jaime Jackson\*
- "Making Natural Hoof Care Work for You" by Pete Ramey\*
- "Who's Afraid of Founder?" by Dr. Hiltrud Strasser
- "Founder: Prevention & Cure" by Jaime Jackson

## Modern Hoof Care Books:

- "Care and Rehabilitation of the Equine Foot" by Pete Ramey (includes chapters by Dr. Robert Bowker)\*
- "Navicular No More" by Dr. Hiltrud Strasser
- "The Natural Trim: Principles and Practices" by Jaime Jackson
- "The Chosen Road" by KC La Pierre
- "The Sound Hoof" by Lisa Simons Lancaster
- "Feet First: Barefoot Performance and Hoof Rehabilitation" by Nic Barker and Sarah Braithwaite
- "The Barefoot Horse: An Introduction to Barefoot Hoof Care and Hoof Boots" by Lucy Nicholas
- "Understanding the Horse's Feet" by John Stewart
- "A Modern Look at... THE HOOF" by Monique Craig

## Horse Care Books:

- "The Soul of a Horse" by Joe Camp\*
- "Horses & Stress, Eliminating the Root Cause of Most Health, Hoof and Behavior Problems" by Joe Camp\*
- "Paddock Paradise" by Jaime Jackson
- "Healing Horses: Their Way!" by Marijke van de Water
- "Holistic Horsekeeping" by Dr. Madalyn Ward
- "The Centaur Reborn" by Peter Speckmaier and Sabine Kells
- "Secret of Happy Horses" by Sabine Kells
- "Metal in the Mouth" by Dr. Robert Cook & Dr. Hiltrud Strasser
- "Natural Horse Care" by Pat Coleby
- "The Lamé Horse" by Dr. James Rooney
- "Down-to-Earth Natural Horse Care" by Lisa Ross-Williams\*
- "There Are No Horseshoes in Heaven" by Carole Herder
- "A Barefoot Journey" by Linda Chamberlain
- "It's for the Horses" by Dutch Henry

## Magazine Publications:

The Horse's Hoof Magazine\*, Natural Horse Magazine, Equine Wellness Magazine, Holistic Horse, Horsemanship Magazine (UK)

## E-Books:

- "10 Secrets to Healthy Hooves" (e-book) by Gwenyth Browning Jones Santagate
- "Equine Laminitis" (e-book) by Jenny Edwards

\*Top Picks!

**Hoof Help**  
*Online*

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**The Horses Hoof**